

'RESTRICTING RESTRAINT'

A LOCAL RESPONSE TO AN ESTABLISHED PRACTICE

Russell James RN

*Clinical Nurse Consultant – Royal Hobart
Hospital*

*Lecturer in Nursing – University of
Tasmania*

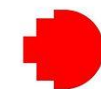
PhD Candidate – RMIT University



Department of Health and Human Services



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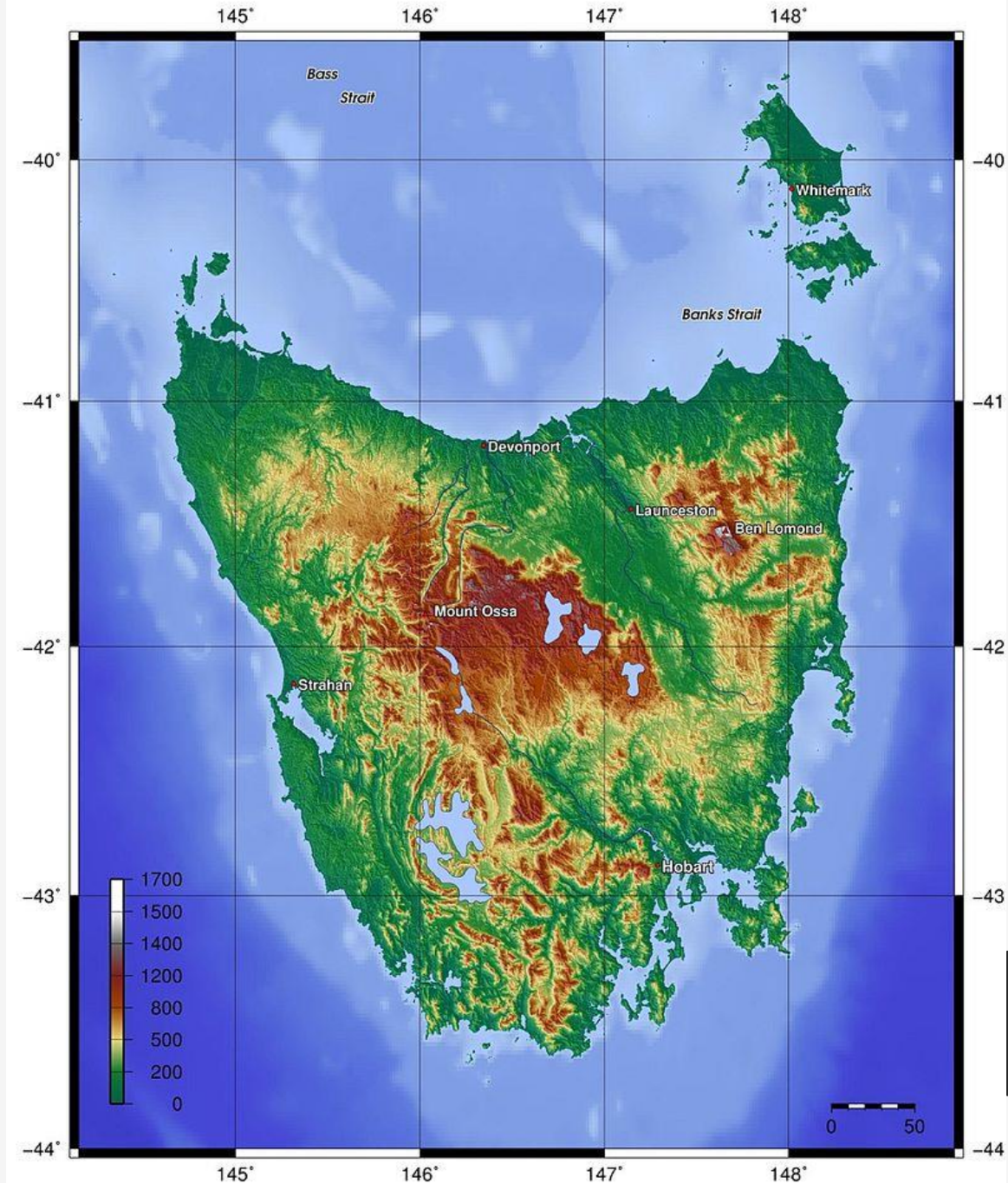
Home to 526,700

Settled by Europeans in 1803 as a penal settlement

Dark history

Ageing population

34% of Tasmanians are reliant of welfare



A history of restrictive practices



2013 a retrospective audit revealed an alarming trend for the use of restrictive practices within the acute care setting

This trend was off the Beacon Project in 2010

Coincided with an unprecedented rise in staff injuries resulting from seclusion events

What's going on?


Involves all relevant organisations representing views from across Tasmania



Highly valued



Aim to keep the focus on reducing and where possible eliminating restrictive practice within mental health settings



About information and data transparency

The Oversight Committee



The Local Response



Local services

Monthly meetings

Review the issues around restrictive practices

Build local partnerships

Understating the local issues

Being realistic

Develop recommendations



A Work in Progress

Building a momentum to change

Shared Vision for the future

Commitment from all

Acknowledge the work that has been done

Improved access to training

Fostering an engaged workforce

Sharing the stories

Working together



*A Tasmanian
future to look
forward to*

Growth occurring

Acknowledge the challenges

Focus on the practices within the Emergency
Department

Work collectively

Fostering relationships

Sustaining practice change